

Course Details

Riders numbers will be available at the HQ

Please **Sign On** when collecting your number

New CTT Regulation

ALL RIDERS MUST SIGN OFF AT THE END OF THE EVENT

COURSE F20/10 - 10 MILES

Please note that it is approximately 2½ miles from the HQ to the start.

Start (GR 358126) on A10 southbound carriageway at southern end of lay-by approximately half a mile south of Rush Green elevated roundabout (junction of A10 and A414) at 6th cats eye north of post marked 51/28. Proceed south past exits for A414 Harlow and A1170 Hoddesdon, to:-

Turn (4.8 miles) at Turnford elevated roundabout. (signposted Broxbourne, Wormley, Turnford A1170). Take second exit onto slip road to join A10 northbound. Continue north on A10 past exits for A1170 Hoddesdon and A414 Harlow, to:-

Finish at first cat's-eye south of northern end of island in lay-by, approx. half a mile south of Rush Green elevated roundabout.

N.B. On finishing riders must not stop, but continue riding to take first exit (A414) to Rush Green elevated RAB and make their way back to the event HQ.

Local Regulation: Please note that there must be no parking of motor vehicles in the vicinity of the start and finish points apart from that of the timekeepers' or other event officials.

In order to avoid milling about and congestion at the start riders should not go to the start more than 5 minutes before their due time. The timekeeper or other club official should ensure that riders do not congest or obstruct the lay-by for other users.

There will be marshals on the course but the onus of keeping to the course is on the rider.

Local Regulation No. 3

No cars other than those of the timekeepers and other event officials are to be parked in the vicinity of the start or finish points.

NOTES :

IN THE INTERESTS OF YOUR OWN SAFETY Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard. Competitors under the age of 18 years **MUST** wear such a helmet.

It is recommended that a rear light, either flashing or constant, is fitted to the machine and is active whilst the machine is in use.

Our thanks to the Whitewebbs Ladies for providing the refreshments on the day.

Whitewebbs Cycling Club

**10 mile Time Trial
for the
Fred Meekcoms Memorial Trophy**

Course :- F20/10

Saturday 29th June 2019

**Headquarters & Changing Rooms - Please use them
Great Amwell Parish Hall
Hillside Lane, Amwell, Hertfordshire SG12 9SH**

Event Secretary :-
David Solomon
12 Chestnut Court
Newport Saffron Walden,
Essex CB11 3QJ

Timekeepers :-
Mike Bannister
Beds RC
&
Tim Groves
Cambridge T&C CC

Tel. 01799 540072
On the day mobile
07817 248301



PRIZES

1st £30

2nd £20

3rd £15

1st Team £30

1st Lady £12

Fastest Veteran £12

Please Note: Only one prize per rider except for team prize

Promoted for and on behalf of Cycling Time Trials under
their Rules & Regulations

